

# Avenue Olelo

Rainbowgymnastics808/instagram website: Rainbowgym.com email: info@rainbowgym.com rainbowgym808/facebook JAN.. 2022

Hauoli makahiki hou 2020 to YOU Rainbow Ohana!

Although the "NEW NORM" of life in the 50th State has Hawaii riding a extended roller coaster into 2022, Rainbow welcomes students and ohana with grit & determination. Continuing with confident daily practices to ensure health and safety for students, staff and ohana is first priority.

Rolling up Rainbow doors, hearing sounds fill the gym, feeling the heartbeat and energetic rhythm of pitter patter on the equipment and seeing those twinkling eyes of Rainbow families seven days a week is truly an honor. Rainbow's Community devotedly contributed to the successful completion of 2021, uplifting RGA, full force into 2022.

As Rainbow strives to remain solid in enrollment, families are kindly asks to ensure communication. This includes any updates concerning health, exposure, illness, family emergencies, frequent absences or any type of circumstances that may affect the physical/mental health of your gymnast and family members. Raising keiki in Hawaii, and the many varieties of activities providing fantastic physical benefits, Thank you for choosing gymnastics as a total fitness foundation for your child.

With challenges that continue to hover, Rainbow is confident in our mission and the giant difference a small business can make in the lives of keiki. Guided by faith, hope and love... Together better and stronger than ever.

With deep respect and gratitude, Mahalo Nui for leading by examples of love and kindness.

Gymnastically yours, Coach Cora



Let It Shine

LIVE WELL  
LAUGH OFTEN  
LOVE MUCH



**WINTER CAMP 2022 \* What a Blast!**  
**Mahalo Coach Shasta and Coach Lindsey**



Safe Techniques for  
All Around Rewards



Po'okela  
Strive for Personal  
Excellence



Train In a Fun and  
Challenging  
Environment

# January 2022

Su	M	Tu	W	Th	Fri	Sa
	3	4	5	6	7	8
9	10	11	12	13	14	1
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**WELCOME YOU 2022**

Sat., Jan. 22      Gymnastics in Paradise      Level 6 - 10  
 Sun., Jan. 23      State Championships      Level 3 - 5  
 Jan. 24 - Feb 6      Hoku Skill Evaluations

# February 2022

Su	M	Tu	W	Th	Fri	Sa
	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Jan. 24 - Feb. 6

Foundations Hoku Eval

**Monday, Feb. 14 RGA CLOSED**



## MAKING TIME FOR GYM



Mahalo RGA Families for year round membership with Rainbow.

Not only is this a statement that exercise is important for excellent health and fitness, it supports the priority children gain from parental support of this ideal.

Gymnastics is repetition and constant challenge of performing individual advancement and personal best. While having fun in the gym, what a great way to gain confidence and concentration while consistent participation in a sport that is so fabulous!

As we know, commitment and active participation is the key. You're an example of this dedication and a true inspiration to those who mean most. Mahalo Nui for taking time for gymnastics classes. RGA is very delighted to see pre-

## ANUENUE NA HOKU LEVEL 4 TEAM



## ANUENUE NA HOKU LEVEL 3 TEAM



Rainbow Fans - Neal Blaisdell is the venue featuring  
 The Thrill of Hawaii's Comeback \* **Gymnastics in Motion**

Gymnastics in Paradise Level 6 - 10  
 Saturday, January 22

Hawaii State Championships Level 3 - 5  
 Sunday, January 23

**BRING THE OHANA - ADMISSION IS FREE**